

SHOE RECOMMENDATIONS

Your 2 Feet

Patient Name: _____

Doctor or Therapist Name: _____

Doctor or Therapist Phone Number: _____

Date: _____

Shoes on this list have the following features:

- Anti-pronation
- Firm Heel Counter
- Extra forefoot cushioning
- Torsional Stability
- Firm Medial Midsole
- Removable Insole
- Fit Orthotics

The shoes on this list offer pain relief features that promote foot health and work well with custom orthoses and OTC arch supports.

Running and Exercise Walking

Z-Coil® Freedom 2000 (white or black)

Extra Depth Shoes

Dr. Comfort (not Z-Coil®)

Career, Fashion and Casual Shoes

Z-Coil® Zip up boot

Z-Coil® Sandals

Socks

Injinji toe socks

Ingenious

Jobst compression socks

For Hyperhidrosis

Moisture control products

For Anhydrosis

Moisturizers

Soaps (natural)

Your 2 Feet
Downtown Seattle
1201 Pine St
Seattle, WA 98101
Phone: (206) 838-7338
Fax: (206) 749-0009



Lotchie Kerch, D.P.M.
Ballard Office
1764 NW 56th St
Seattle, WA 98107
Phone: (206) 782-7300
Fax: (206) 782-0758